

# Frozen Fruits----Frozen Blackberry



## Frozen Blackberry

Place of Origin: Zhejiang, China	Model Number: YSSP15
Brand Name: YINSHU	Fruit: Blackberry
Terms of Payment: L/C, D/A, D/P, T/T	
Detailed Product Description	
Season: July	

**BLACKBERRY** is of beautiful color, juicy taste and pleasant flavor. Besides these, it has special nutrition and health functions. It contains the same amount of sugar, vitamin C, B1 and B2 with other fruit trees, but, more amount of organic acid, crude protein, vitamin K and amino acids than other cultivated fruit trees. Meanwhile, the amount of vitamin E is the highest among cultivated, wild and half-wild fruit trees. Its selenium content is rare in other fruit trees. There are 18 kinds of amino acids, with relatively higher amount of all 8 essential amino acids. It is rich in  $\gamma$ - amino butyric acid. The six essential minerals (potassium, calcium, sodium, magnesium, zinc and iron) are relatively high amount. Among these, vitamin K can facilitate the liver to synthesis blood clotting substance and plays an important role in blood clotting. Vitamin E protects the integrity of the cells and their inner structure to prevent some enzyme and internal ingredients from destruction, thus to postpone aging. Selenium can be anti-oxidation, anti-aging and enhance immunity, together with vitamin E, they can act as the protective agent to guard against toxic substances.  $\gamma$ - amino butyric acid as the nerve conduction material, can

promote brain metabolism, lower blood pressure, reduce blood lipid, and anti-arrhythmia.